

After your Vak

You may experience minor side effects after your COVID-19 jabs

They may last a couple of days and you should recover without any problems.

Common reactions include:

- pain, redness and/or swelling where you got the jab
- mild fever
- headache
- flu-like symptoms.



Most reactions can be treated with simple pain medication, a hot/cold pack to the arm and rest as needed. Always consult a medical professional for serious symptoms or emergencies.

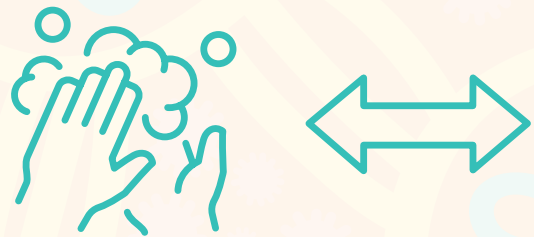
Keep mob safe

Even after you get both jabs you need to keep up with COVID-safe measures including:

- testing if you have symptoms
- contact tracing
- quarantine and isolation if necessary.

To keep others safe you still need to:

- practise good hygiene
- practise physical distancing
- follow the limits for public gatherings
- know how to isolate if you need to.



Having the COVID-19 jab does not mean you can't get COVID-19.

The jab will lower your chance of getting COVID-19, and lower the severity of symptoms if you do happen to get COVID-19.