

INFORMATION ON Coronavirus (COVID-19) Testing

**IF YOU HAVE ONE OR MORE OF THE COVID-19 SYMPTOMS,
CONTACT A DOCTOR AS SOON AS POSSIBLE.**

Symptoms of COVID-19:



FEVER



COUGH



SORE THROAT



SHORTNESS
OF BREATH

What to expect if you get tested

When do you get tested?

Your doctor or health worker may require you to be tested for Coronavirus (COVID-19) if you have a fever (or history of fever) or acute respiratory symptoms like a cough, sore throat or shortness of breath.

What happens?

A health worker will test you by swabbing your nose or throat and/or collecting any mucus that is coughed up. A swab is a small piece of absorbent material on the end of a little stick, similar to a cotton ear-bud. The test should not be painful, but may be uncomfortable for a short period of time. It is then sent to the nearest lab for testing.

What happens between the time you get tested and receiving results? What should you do?

It is important to stay home if you are waiting on a test result. If you live with other people, they do not need to quarantine unless your doctor has advised to do so. Remember to social distance at home and keep to a separate room if you can.



WASH HANDS



DISINFECT

Keep washing hands and cleaning home surfaces

Visit health.gov.au/health-topics/novel-coronavirus

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If your test is negative, you don't have COVID-19

If your test is negative, you no longer need to stay quarantined, but remember to keep up social distancing and practice good hygiene, as this is still required.

Please keep monitoring your health in case it changes over the next fourteen days. If you have any new symptoms tell your doctor, you might be required to do another test.



If your test is positive, you do have COVID-19

You must self isolate in a suitable location where you can separate yourself from other people to the best of your ability. If you do not have somewhere to self-isolate, you can ask for help from your local health service or hospital.

Anyone that has had any contact with you, including family members and people you live with will need to isolate themselves for fourteen days since their last contact with you.

What to do if your sickness gets worse

- ☎ Call 13 Health (13 43 25 84) or your local health service and let them know how you are feeling.
- ☎ Follow their direction—if they tell you to go back to the doctor or the hospital, you must go.
- ☎ Call ahead and let the doctor or hospital know that you are confirmed to have COVID-19.
- ☎ Put on the mask provided to you if you need to leave the house.
- ☎ When you get to the doctor's surgery or hospital tell them that you are confirmed to have COVID-19.

If your symptoms are severe, such as shortness of breath:

- ☎ call 000 and ask for an ambulance
- ☎ tell them you have confirmed COVID-19.

Need more information?

Call the **National Coronavirus Health Information Line** on **1800 020 080**. Open 24 hours a day, 7 days a week.

If you have any other questions or concerns, you can also contact your local health service or hospital.



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